

MEMORANDUM FOR All Units and Activities, NH National Guard

SUBJECT: Military Physical Fitness Test

1. An official military requirement like the Army Physical Fitness Test (APFT) or Air Force Fitness Test is not to be conducted in technician duty status.
2. The time authorized for technicians to perform physical training (see Personal Physical Training (PT) Program policy letter dated 11 DEC 95) is not approved as a time period to fulfill the annual military requirement of completing the military fitness test.
3. Technicians must not be in a civilian status when completing the physical fitness test.
4. Per conversations with both the Chief of Staff (ARNG) and Air Commander (ANG), allowing any unit member to accomplish fitness testing in other than a military status (active or inactive duty) places both the member and the organization at risk. Any injury incurred during testing should be covered under a line of duty investigation. Soldiers/airmen must be in a military status to accomplish fitness testing. Military status must be coordinated between the soldier and his/her unit of assignment.
4. Any questions should be referred to the undersigned, ext. 328 (DSN 684-9328)

FOR THE ADJUTANT GENERAL

MICHAEL W. HORNE, LtCol, NHANG
Human Resource Officer